



from
TRAUMA RESCUE AID

Dear Friends and Supporters,

As 2025 comes to a close, we at Trauma Rescue Aid (TRAID) send our warm greetings to all our friends, partners supporters and the displaced communities we serve. This year has brought many challenges, tough moments, exhausting days, and at times, heartbreaking stories from the survivors we serve.

But it has also been a year of resilience, both our team and the war survivors we serve. None of this would be possible without our supporters. Thank you for standing with us.

2025: A Year in Review



Counseling and English Classes

219 refugee women attended daily counseling and English classes, helping them heal, integrate into the local community, and connect with others.



Livelihood Empowerment

31 refugee women and girls, survivors of conflict, received training on Henna design project, gaining skills to earn an income and become self-reliance even as humanitarian support has become scarcer.



Health Support

41 survivors of violations in Sudan received medical treatment and hospital referrals they needed the most



Child-Friendly Spaces

29 displaced Sudanese children participated in one-on-one counseling, group therapy, and educational activities, helping them feel safe and recover from trauma.



Food Assistance

412 vulnerable refugee families and single mothers received food parcels, offering relief when choices between food, rent, and medical care became impossible.

Looking Ahead to 2026

Life for refugees and survivors remains challenging. Displacement Sudanese communities are increasing, Human right violation in Sudan is at its peak and economic pressure continue to affect communities.

Still, TRAID is committed to:

- Providing psychosocial and trauma-informed support
- Empowering women and girls with skills and livelihood opportunities
- Supporting survivors with health care and protection services
- What gives us hope is the resilience we witness every day, women showing up for counseling even when life is hard, mothers sharing food, survivors choosing to keep going. Your

support makes all this possible.

THANK YOU

From all of us at TRAID, we wish you peace, rest, and reflection this season. May 2026 bring healing, justice, and lasting peace to Sudan and all communities affected by conflict.

With gratitude,

Kizito Kuku

Executive Director, TRAID

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